



**STARK WALKS**  
 URBAN PATHWAYS  
 CANTON DOWNTOWN

**KEY**  
 ! = Interest Point

- Cultural Center Loop  
20 minutes (1.0 mile)
- Walk with a Doc Loop  
20 minutes (1.0 mile)
- Goodwill Campus Loop  
20 minutes (1.0 mile)
- Courthouse Loop  
10 minutes (0.5 mile)

*The key to achieving and maintaining a healthy weight isn't about short-term dietary changes. It's about a lifestyle that includes healthy eating, regular physical activity, and balancing the number of calories you consume with the number of calories your body uses. Staying in control of your weight contributes to good health now and as you age. - www.cdc.gov*