




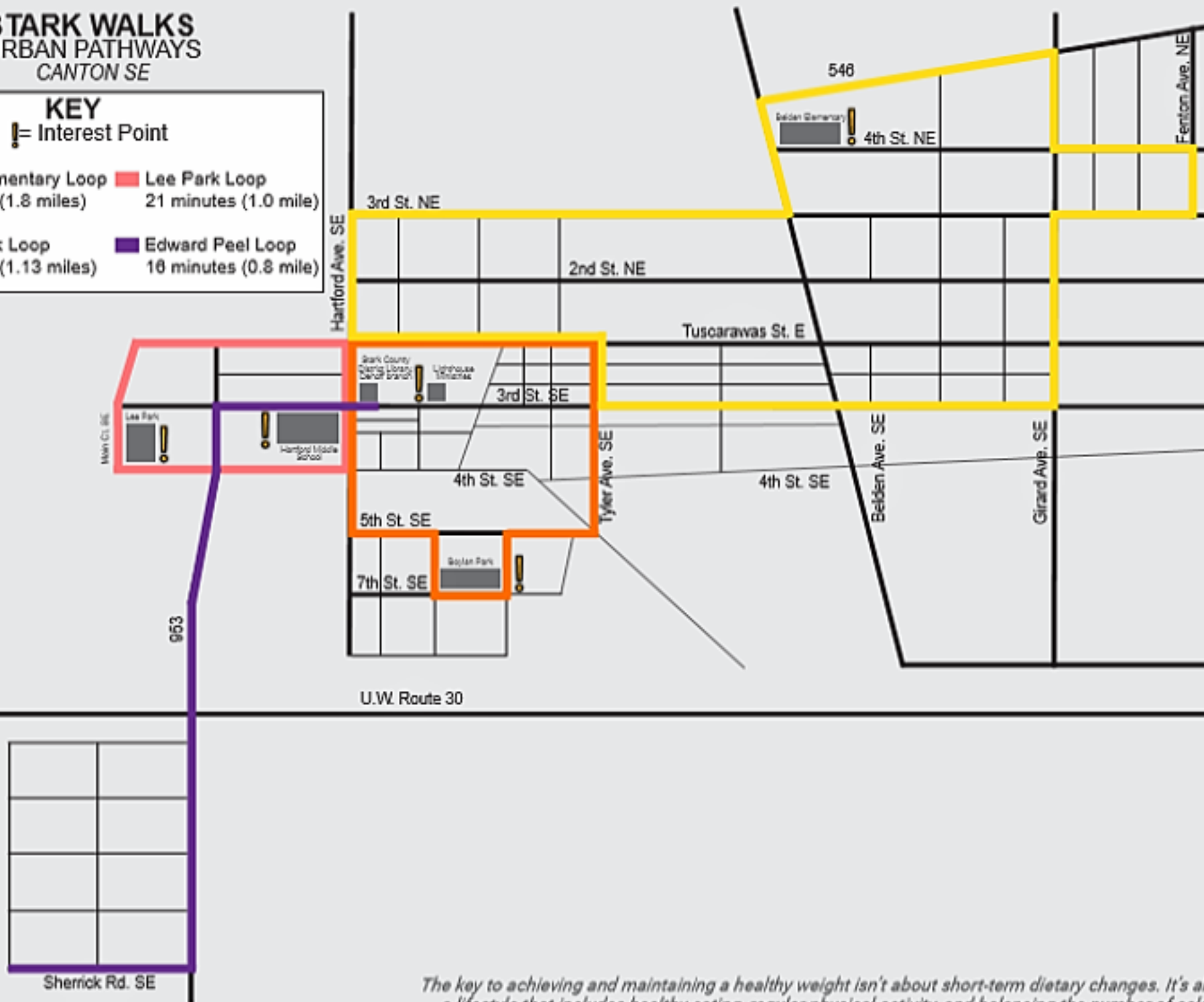


STARK WALKS URBAN PATHWAYS CANTON SE

KEY

 Interest Point

- | | |
|--|---|
|  Belden Elementary Loop 35 minutes (1.8 miles) |  Lee Park Loop 21 minutes (1.0 mile) |
|  Boylan Park Loop 23 minutes (1.13 miles) |  Edward Peel Loop 18 minutes (0.8 mile) |



The key to achieving and maintaining a healthy weight isn't about short-term dietary changes. It's about a lifestyle that includes healthy eating, regular physical activity, and balancing the number of calories you consume with the number of calories your body uses. Staying in control of your weight contributes to good health now and as you age. - www.cdc.gov